



Welcome to our April Issue Dementia Action Week 19th - 25th May



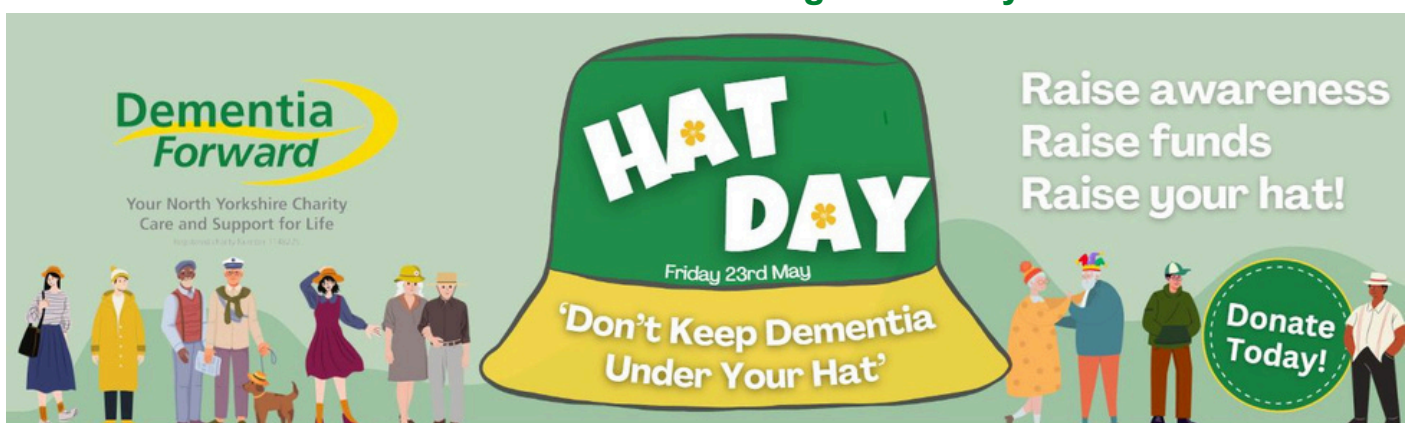
Dementia Action Week is a national initiative to encourage conversations around dementia, improve understanding and increase awareness of the support available. During the week, members of the Dementia Forward team will be out in the community providing information, offering support and answering questions. We will provide full details next month on where our support team will be during that week. We will also be hosting a coffee morning at our Hub in Burton Leonard (21st May) and a Garden Party at St John's in Settle (20th May) and releasing a series of informative videos throughout the week.

How can you get involved?

As part of our Dementia Action Week plans, we are excited to launch 'Hat Day' - a new annual event encouraging open conversations about dementia, inspired by the theme: **'Don't Keep Dementia Under Your Hat'**. To get involved, we are asking people to wear a hat, raise awareness, and donate to support our vital dementia services. We are also calling on businesses, schools, and community groups to hold their own Hat Day events - whether this is an office collection, a school-wide fundraiser or a community event, every contribution makes a difference.

To take part, simply wear a hat on the 23rd of May (or any day during Dementia Action Week), let people know what your hat represents, and donate.

You can find our more information on our website at
www.dementiaforward.org.uk/hat-day/



Smiley Charity Film Award Finalists!

For the first time, we decided to have a go at creating a film for the Smiley Charity Film Awards, which celebrates charity films from across the UK. Our film focused on the importance of raising awareness of young onset dementia. It was directed and filmed by George Bartlett, whose mum is living with young onset dementia. George's dad Rob and one of our trustees, Jeremy, appear in the film, along with our Time Out Together group - so a real family effort! We were over the moon that the film made it to the finals! Debby, Sian and George attended the ceremony at London's O2 Academy. We are already feeling inspired for next year.

You can watch the film here; <https://smileycharityfilmawards.com/charities/dementia-forward>



Service Update

- The Hub Club at **Garget Walker House, Richmond** was joined by The Rhythm and Shoes Dance Academy and Midget Gems Childcare (bottom left) for Angela Rippon's Let's Dance campaign. Everyone had a great time dancing to 60s classics, with ribbons and instruments.
- We are looking for volunteers to drive our minibus to collect people from Richmond town centre for the new **Community Cafe** at Garget Walker House - please get in touch if you're interested. It runs every Friday from 1pm. All are welcome.
- **New Carers Group Skipton** - this new group is an opportunity for carers to share experiences, explore specific topics and try out new wellbeing activities. It will run on the last Wednesday of the month, starting on April 30th at 1pm, alongside the weekly cafe at The Three Links Club. It is a collaboration with Manorlands, Sue Ryder Hospice.



On the 12th of April, **Harrogate Town AFC** is hosting a dedicated matchday to support individuals living with dementia who attend football matches. As part of this initiative, they are providing dementia-friendly lanyards to help staff and supporters identify and assist those who may need additional support. Dementia Forward volunteers will be present on the day for more information about our services.

Our next **online Dementia Education Session** is on the Tuesday, April 29th at 7pm. This is a chance for anyone we support to find out more about dementia.

Email

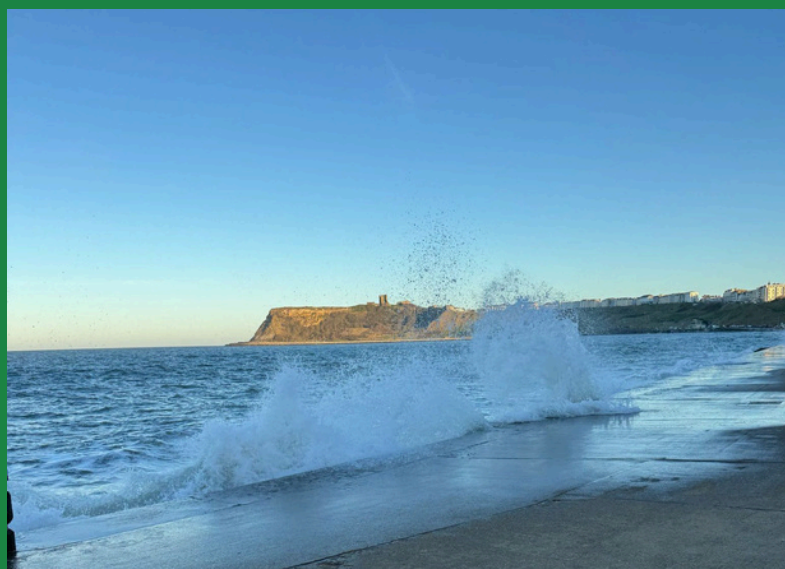
fiona.andrews@dementiaforward.org.uk
for the link.

‘Capture the County’

Congratulations to this month's winner, Chloe Grunwell, for this beautiful photograph of North Bay, Scarborough.

Please keep sending us your photographs of North Yorkshire throughout the seasons. The deadline is the last day of each month.

The winning photographs each month will be compiled into the Dementia Forward calendar at the end of the year!



Anchor Care Home Coffee Mornings

Anchor Care Homes held six coffee mornings across six of their homes simultaneously on the 19th of March; inviting their residents, friends and family and the local community to join. They raised a fantastic total of £787. Thank you all for your generosity!



Teeing off for Dementia Forward



Captains at Bedale and Skipton Golf Clubs have chosen Dementia Forward as their dedicated Charity of the Year. Recently, Amy has attended the Captain's Drive-Ins and has had the chance to talk to members about the services we provide and how money raised can be used locally.



Doha Dogs Tour

Keith, who works on our Helpline, organises an annual Veterans Rugby Tournament and an annual 6 Nations Game Rugby Tour as a mark of respect after losing a much-loved player and sponsor, Davey Jones. This year the tour supported Dementia Forward and raised a fantastic £1,000.



Yarndale Worldwide Creative Project

We are delighted that Yarndale has selected Dementia Forward as their chosen charity for this year's Worldwide Creative Project. Yarndale is known for large-scale yarn installations and each year they encourage supporters to get involved with their display. The challenge for 2025 is to knit or crochet mandalas to create a canopy of colour at the weekend exhibition in Skipton (27th & 28th September). To find out more, visit; <https://yarndale.co.uk/> or give us a call for more details and patterns.



We are also beginning our **Community Christmas Project** for this year. We are asking people to knit or crochet 6-inch squares in Christmassy colours which we will turn into two wonderful trees; one in Settle and one in Scarborough. If you would like to create squares, they can be brought to any of our services, or dropped off at Skipton/Settle Walker Foster Offices and Skipton Library or Scarborough Salvation Army and Newby and Scalby Library.

Daytime Disco!

Thanks to funding from Age Without Limits, we are hosting a disco which is perfect for anyone who loves good music, great company, and a spot of dancing which doesn't require staying up past bedtime!

Please join us on Wednesday 11th June - 1-3pm - St Roberts Club, Harrogate

Entry is **FREE** but please book your place by calling us or through the events page on our website.



We have lots of events coming up over the summer; from Family Fun Days and Open Garden Events, to Dragon Boat Races and Information Stalls. If you are able to offer some time to help out in your area, please get in touch with Amy on amy.senior@dementiaforward.org.uk or by calling 01765 601224.





How to support your local North Yorkshire charity



As a local charity, we rely on the donations and kindness from our local communities to be able to provide our services, for those living with dementia and their loved ones. Our ethos of 'local for local' support ensures that every donation made to Dementia Forward will be spent within North Yorkshire.

Here are some of the ways you can support us:

- **Online Donations**
- **Regular Giving**
- **Give in Celebration**
- **Legacies**
- **Fundraising Event**
- **Payroll Giving**
- **Corporate Support**
- **In Memory**

To find out more about how you can support us, please visit www.dementiaforward.org.uk/donations/ or call 03300 578592

Join our Numbers Club!

Donate just £2 per month and be entered into a monthly prize draw.

Winners will receive 25% of the monthly income. All other proceeds will go directly towards running our services. To find out how your donation helps us, and for terms and conditions, visit the Numbers Club page on our website

www.dementiaforward.org.uk

March's Winning Number: 25



Dates for the diary



9th May - Settle Quiz Night

7th June - York Pride

10th May - Ripon Rotary Bike Ride

11th June - Daytime Disco, Harrogate

12th May - Coffee and Cake Social, Harrogate

18th June - Virtual Cycle Ride, Settle

17th May - Eurovision Watch Party, Malton

21st September - Skipton 3 Peaks

18th May - Dementia Forward Skydive

19th October - Yorkshire Marathon

23rd May - Hat Day

7th November - Winter Ball

For full details of any of these events, visit www.dementiaforward.org.uk/events/ or email amy.senior@dementiaforward.org.uk