

The Dementia Forward Messenger

Helpline: 03300 578592
Website: www.dementiaforward.org.uk



Welcome to our September Issue

Over the past four weeks, all of our Hub Clubs across North Yorkshire have been taking part in the Dementia Forward Games; taking on a variety of activities, to be in with a chance of being crowned DF Champions 2024!

We can now announce that the overall winners are:

Gold - Garget Walker House

Silver - George Armitage House

Bronze - Ballerina House

All our other Hub Clubs were Highly Commended!



The Dementia Forward Games Trophy has been kindly sponsored by Promedica24 and will be presented to the winners over the next few weeks.

Learning Disability Workshop

We recently held a workshop at Ballerina House in Barmby Moor to connect with organisations and individuals working with people with a learning disability. The objective was to look at ways to work together to enhance support for people living with both learning disabilities and dementia, as people with a learning disability have an increased risk of developing dementia. The event was attended by representatives from Wilf Ward Trust, Lavender Fields Care Village, TEWV Memory Service, and we also heard from a speaker with lived experience of caring for her sister. This is just the early stages, but those who attended are eager to drive change and improve support frameworks.



U&ME Conference

We are delighted that we are hosting our 2nd annual U&ME Conference on National Young Onset Dementia Awareness Day (October 24th) as part of our U&ME campaign. The theme of this year's conference is 'Creating Hope'. The conference will be held at Bowcliffe Hall in Wetherby, and tickets are limited, so if you are interested in attending, please get in touch. Tickets are £30 and include lunch.



Fiona's Education Sessions

For our next series of dementia education sessions, which are open to anybody that we support, Fiona Andrews will be joined by Dr Venkatesh Muthukrishnan, Consultant Psychiatrist who will be available to answer your questions.

These sessions are run online, so please email Fiona for the link at fiona.andrews@dementiaforward.org.uk:

Thursday October 31st at 7pm

Tuesday December 10th at 7pm

Thursday February 20th at 7pm



Emergency Cards

We now have our own Emergency Contact cards, for people with dementia to carry with them. If you would like one of these cards, please ask your Support Advisor or contact the Helpline.



Join our Numbers Club! • ●

From just £2 a month!

This month we are launching our very own Numbers Club, where you can donate just £2 per month and be entered into a monthly prize draw.

Winners will receive 25% of the monthly income. All other proceeds will go directly towards running our services. To find out how your donation helps us, and for terms and conditions, visit the Numbers Club page on our website www.dementiaforward.org.uk

August's Winning Number: 13

The winner has been notified.
Good luck for next month's draw!

Carer Wellbeing Event

We are working with the Yorkshire Care Alliance to organise a free wellbeing event for carers in the Scarborough area on October 16th, from 11am to 3pm. If you are interested in attending, please contact info@dementiaforward.org.uk or call our Helpline 03300 578592.

Volunteers in York

We are looking for volunteers to support our Young Onset Group outward bound group. The group goes out for a full day out on Thursdays in the York area. Please get in touch if you would like more information.

'Capture the County'



Nigel Howard from Elite Care York, is this month's winner of the Capture the County Photography Project. His lovely photo of the New Earswick Nature Reserve was taken whilst on a walk with his client.

We are now taking applications for our next month's competition and the deadline is the 27th of September. To enter, email your photo with the location to amy.senior@dementiaforward.org.uk or message us on our social media channels.

We are beginning to take orders for our Dementia Forward 2025 calendars which will feature every monthly winner. Please get in touch if you would like to place an order.

A Summer of Fun!

Over the summer months, the Community Team has been out and about across North Yorkshire at various events. We took advantage of the bursts of sunshine and hosted our annual Summer Fairs at George Armitage House and Ballerina House. We also held a Musical Afternoon Tea in Northallerton - the first one we have done in this area and it was great to see that everyone was up dancing. Duncan, of Channel 4 fame, performed his first sell out concert which was a blast! We are looking forward to the upcoming concert in Ripon and then at the Wesley Chapel (see below). Plus there's a band night with Ronnie & The Rockits in Settle and lots of quiz nights. It's all go!



Winter Ball 2024



And just like that, summer is over and we on onto organising our Winter Ball! A fun-filled evening of food, fundraising, entertainment, and the opportunity to win some fantastic prizes. If you haven't had chance to see Duncan perform, he will be playing during the evening. We hope to see you at the DoubleTree by Hilton Majestic Hotel in Harrogate on the 1st of November. The Winter Ball is kindly sponsored by Promedica24. We have various sponsorship packages available for this event. If you are interested in being a part of what will be a glittering night and supporting your local dementia charity, please get in touch by emailing amy.senior@dementiaforward.org.uk or calling 01765 601224.



In Concert with Duncan

Due to increased demand, we have added another date to give you a chance to see Duncan perform. The concert is taking place on the 5th of October at the Wesley Chapel. Visit our website or ring 01765 601224 to get booked in! Quick before the tickets sell out.

Please note that the 'Now That's Music Means to Me' concert in Ripon is now SOLD OUT and tickets will not be available on the night.

Coffee Mornings

We host two regular coffee mornings that are open to the community and everyone is welcome to join. Come along for a chat and a cuppa!

- **George Armitage House, Burton Leonard - 2nd Friday of the month (10am-12noon)**
- **Ballerina House, Barmby Moor - every Friday (10:30am-12:30pm)**

Our Adventurous Supporters

Mayor of Pocklington's Charity Walk

Roly and his wife, Lynne, are taking on a 50 mile walk across the Yorkshire Wolds as part of his charity appeal for Dementia Forward this year. Well done!

Gemma's Skydive

Gemma Willingham-Storr is facing one of her greatest fears, heights - by jumping from 10,000 ft out of a plane. Very brave Gemma!

Louise's 50 Hour Swim

Louise is swimming outdoors for 50 hours throughout September. Follow her journey @yorkwildswimmer.

Ripon Ultra

Melanie has challenged herself to take on the Ripon Ultra (a 35 mile circular route), which is the furthest she has ever run before!

To read more about their stories, and to donate, visit Dementia Forward's Give As You Live page.

Tombola Prize Shout Out!

If you have any gifts or other items that are surplus to requirements and could be used for our tombolas and raffles, we would welcome any donations!





Dates for the diary



15th September - Scarborough Awareness Walk

20th September - Now That's What I Call Music Concert, Ripon (SOLD OUT)

22nd September - Skipton 3 Peaks Challenge Walk

24th September - Richmond Quiz Night

26th September - York Musical Afternoon Tea

4th October - Ripon Quiz Night

5th October - A Concert with Duncan, Harrogate

16th October - Carer Wellbeing Event, Scarborough

19th October - Ronnie & The Rockits Gig, Settle

1st November - Winter Ball, Harrogate

8th November - Settle Quiz

16th November - Pasta Making Workshop, Pocklington

26th November - Wreath Making, George Armitage House

For full details of any of these events, visit www.dementiaforward.org.uk/events/
or email amy.senior@dementiaforward.org.uk



**Dementia
Forward**



Care and Support for Life

For confidential dementia support and advice
call your local Helpline on:

03300 578592

Monday - Friday
9am - 4pm
(excluding Bank Holidays)

Website: www.dementiaforward.org.uk

Email: info@dementiaforward.org.uk

Social Media: [@dementiaforward](https://www.facebook.com/dementiaforward)