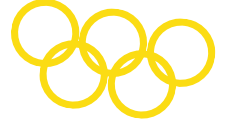


Welcome to our August Issue



We are bringing the Paris 2024 Olympics to North Yorkshire! Over the next 4 weeks, all of our Hub Clubs are taking part in our very own Dementia Forward Games. The pentathlon of events includes; Team Flag, Bucket Shot, Bullseye Boccia, Only Connect and Tiddly Pong.

Dementia Forward Hub Clubs are day services dotted across the area we cover. We have 10 hubs in total - Burton Leonard, Richmond, Barmby Moor, Settle, Gargrave, Northallerton, Green Hammerton, Acomb, Poppleton and Welburn. Each Hub Club will take part in the events and the scores will be tallied, so that we can eventually crown an overall winning Hub Club. A medal ceremony will take place at the end of August, presented by Gary Derbyshire from Promedica24, who sponsors our Hubs.

Let the Games commence!



St Cecilia's Afternoon Tea

As part of St Cecilia's Care Group's 35th Anniversary celebrations, our Scarborough volunteers were very kindly invited to an Afternoon Tea at Daisy's Tea Rooms. St Cecilia's are aiming to say 'thank you' to the communities of Scarborough, Pickering and Whitby who have supported their care centres so wonderfully during the past 35 years. Afternoon Teas in Pickering and Whitby will be arranged very soon, so any volunteers in these areas who would like to go along, please let us know. As you can see, our Scarborough volunteers had a lovely time!



Join our Numbers Club!

From just £2 a month!

This month we are launching our very own Numbers Club, where you can donate just £2 per month and be entered into a monthly prize draw.

Winners will receive 25% of the monthly income. All other proceeds will go directly towards running our services. To find out how your donation helps us, and for terms and conditions, visit the Numbers Club page on our website www.dementiaforward.org.uk

Scan to join



Service Update

Wellbeing Café Review

We currently run Wellbeing Cafes across North Yorkshire and York, which offer a safe and friendly environment for people living with dementia and their carers. To ensure that our cafes provide the most support possible and are meeting your needs, we are encouraging feedback from anyone who has experienced one of these services. Call the Helpline to ask for a feedback form.



A Young Onset weekly social



'The Bothies', a volunteer led charity based at Scampston Hall near Malton, hosts a weekly group called 'The Friday Place'. The group meets in the Scampston Walled Garden Conservatory from 2pm-4pm. They are hoping it will become a regular social meet-up point for families living with young onset dementia, so if you are affected by young onset dementia, please feel free to come along. For more information, call our Helpline or email karen.thomas@dementiaforward.org.uk.

Research News

Teeside University and TEWV NHS Foundation Trust are conducting research to understand people's experiences of the process of receiving a diagnosis of dementia. They are wanting people living with dementia and their family members to complete a questionnaire about their experiences.

They would like to hear from anyone who has received a diagnosis in the last 12 months (or their family members). If you would like to take part, please email k.ameen-ali@tees.ac.uk or esme.mortimer2@nhs.net. If you decide to take part, please let them know you heard about the research through Dementia Forward.

Home Instead in Harrogate is organising an immersive dementia experience in collaboration with Training 2 Care. On the 23rd of August, the Harrogate office will be hosting a Virtual Dementia Tour on the 'Dementia Bus', which provides a valuable experience for anyone supporting someone with dementia. Each experience lasts 3 hours and costs £25 per person. Home Instead is covering most of the cost (over 50% of the initial ticket price). If you would like to book, contact Home Instead on 01423 774490.



Ryedale Volunteers

Our new Hub Club needs your support! The Hub Club is a day service that runs at Welburn and Crambeck Village Hall on Fridays from 10am to 3pm. We would love to hear from any volunteers who can offer a couple of hours a week to support the group by welcoming people, chatting, taking part in activities and generally joining in!

'Capture the County'



Susanna Lewis is this month's winner of the Capture the County Photography Project, for this lovely photo taken at Fountains Abbey.

We are now taking applications for our next month's competition and the deadline is the 22nd of August. To enter, email your photo along with your name and the location to amy.senior@dementiaforward.org.uk or message us on our social media channels.

At the end of the year, each month's winners will be collated into a Dementia Forward calendar and entered into an exhibition.



In Concert with Duncan

Our wonderful volunteer musician, Duncan, is featuring in the upcoming concert 'Now That's What Music Means to Me', where he will be performing alongside other local artists whose lives have been transformed by the power of music. Duncan will be playing his 'Theme for Fran' as seen on Channel 4's 'The Piano' and will be joined by The Yorkshire Decibelles, St Wilfrid's Folk Group, plus many more!

Get in touch to get your tickets - they're selling out fast...

Friday 20th September - 7:30pm
St John's Church, Sharow, Ripon



Winter Ball 2024

After the success of last year, we are delighted to announce the return of our Winter Ball! A fun-filled evening of food, fundraising, entertainment and the opportunity to get your hands on some fantastic prizes. If you haven't had chance to see Duncan perform, he will be playing during the evening. We hope to see you at the DoubleTree by Hilton Majestic Hotel in Harrogate on the 1st of November. The Winter Ball is kindly sponsored by Promedica24. We have various sponsorship packages available for this event. If you are interested in being a part of what will be a glittering night and supporting your local dementia charity, please get in touch by emailing amy.senior@dementiaforward.org.uk or calling 01765 601224.

Skipton Walk

We had a lovely walk in Aireville Park earlier this month to raise awareness of dementia. With walkers taking on a short circular route, we managed to collectively walk the length of the Skipton Three Peaks TWICE!

Anyone interested in taking on our Skipton 3 Peaks Challenge Walk in Skipton, which is 18 miles across Sharp Haw, Emsay Crag and Skipton Moor - please get in touch.



Ripon Rotary Bike Ride

We were delighted to receive a cheque for £5,000 from the Ripon Rotary, following their Bike Ride earlier in the year. The money raised from this event goes towards supporting local charities and we are so grateful to have been chosen!



Tombola Prize Shout Out!

If you have any gifts or other items that are surplus to requirements and could be used for our tombolas and raffles, we would welcome any donations!

Golf Day Success!

Our third annual Golf Day teed off in Skipton. It was another successful event, and the rain even managed to hold off for us. In total we raised nearly £3,000. Thank you to everyone who came to play on the day or who donated raffle prizes and to the Golf Club for being so accommodating. Also big thanks to Promedica24 for their sponsorship.



Settle Virtual Cycle Ride

The Settle community came together to cycle a whopping 72 miles, which is equal to the length of the Settle-Carlisle railway line! Local supporters and passers-by jumped on the bike to play their part in reaching the grand total. We were also joined by Settle Primary School, where 30 students had a go to bump up the mileage. It was George (pictured right) who completed the final 2 miles and brought us into Carlisle Station!

The Messenger - August 2024



Dates for the diary



2nd August - George Armitage House Summer Fete

3rd August - A Concert with Duncan, Harrogate - SOLD OUT

13th August - Afternoon Tea, Barmby Moor

16th August - Pocklington Summer Event

24th August - Grassington Coffee Morning

29th August - Richmond Coffee Morning

15th September - Scarborough Awareness Walk

20th September - Now That's What I Call Music Concert, Ripon

21st September - Ronnie & The Rockits Gig, Settle

22nd September - Skipton 3 Peaks Challenge Walk

4th October - Ripon Quiz Night

1st November - Winter Ball, Harrogate

For full details of any of these events, visit www.dementiaforward.org.uk/events/
or email amy.senior@dementiaforward.org.uk



**Dementia
Forward**



Care and Support for Life

For confidential dementia support and advice
call your local Helpline on:

03300 578592

Monday - Friday
9am - 4pm
(excluding Bank Holidays)

Website: www.dementiaforward.org.uk

Email: info@dementiaforward.org.uk

Social Media: [@dementiaforward](https://www.facebook.com/dementiaforward)