



Dementia is something that worries many people, especially as we get older. But just how much do you know about

what it is, and is not? How can you support someone with dementia, and where can you turn if you are concerned about symptoms?

Dementia Forward are an experienced and established team supporting people with dementia and those who care for them through a range of services. They can support you whether you have a diagnosis, are worried about memory problems or care for someone affected by dementia.

C3 is hosting a free  
Dementia Information Evening  
on  
**MONDAY, 2<sup>ND</sup> SEPTEMBER**  
**7:30 PM**  
**In Thorpe Prebend House**

**Places are limited, so if you are interested in attending, please reserve a place  
By emailing**

**[C3@riponcathedral.org.uk](mailto:C3@riponcathedral.org.uk)**