

The Dementia Forward Messenger

Helpline: 03300 578592
Website: www.dementiaforward.org.uk



Left to Right; Top - Doug, Paul, Jill, Hilary, Chris, David
Bottom - Stuart, Pet, Jeremy, Neil, Jill



Happy New Year and a warm welcome to the first DF Messenger of 2024. It's a little bit delayed, due to getting over all the festivities, but we have lots to tell you and have hit the new year running...

To go with the new year, we have a new shape to our board of trustees! After 3 years, Chris Lees has stepped down as Chair, and Doug Waugh has taken the reins. Doug, who is from the Richmond area, has a background in I.T and also has personal experience of dementia, having cared for his wife Jane, following her diagnosis of young onset dementia. Doug leads this fabulous group of 10 experienced and skilled trustees, pictured above with Jill Quinn our CEO.

We have also welcomed a flurry of new volunteers, who have joined services in various parts of the county. We are always thankful for the support of volunteers old and new, and it was particularly special to be able to celebrate with them over the Christmas period, and take the opportunity to thank them for everything they do for our groups and services. There are just a few pictures below of some of the fun we got up to towards the end of December...

And talking of Christmas, if you find that you have any gifts that are surplus to requirements, we would be very happy to accept them. Our fundraising cupboards are looking pretty bare, so any tombola or raffle prizes would be very gratefully received. Thank you all.





Dementia Forward's Community Education Coordinator, Fiona, is running a series of free Dementia Education Sessions for anyone in the Ryedale area who would like to learn more about dementia. They are open to anyone in the community, whether you are affected by dementia, work in dementia care or would like to develop skills to support people within your community. Each hour-long session will cover a different aspect of dementia. The first session is on the 7th February from 2pm to 3pm at Ryedale Indoor Bowls Club, Scarborough Road, Malton YO17 8EG. They will continue on the first Wednesday of the month until 3rd July.

Fiona is also offering online dementia education for anyone recently diagnosed with dementia or families who want to understand more. The next session will be on Zoom on the 21st March from 2pm to 3pm. Email fiona.andrews@dementiaforward.org.uk for the link.



The Stray Ferret Christmas Appeal

THANK YOU!

Since the beginning of November, the Stray Ferret has been running a Christmas Appeal online. A variety of articles have been published about the different aspects of Dementia Forward; from the voices of staff and volunteers, to the impact of our young-onset services, how we have helped carers and families through their journey, and also taking a look back at the charity's progression over the past 11 years. So far the campaign has raised a staggering £7,905! Thank you to everyone who has donated.

Service Update

We are hoping to open a second day at our Northallerton Hub Club, and are looking for a new member of staff to join the team there. If you are interested in becoming a Dementia Activity Support Worker part-time in the Northallerton Area, please email info@dementiaforward.org.uk or call 01765 601224. We are also looking for volunteers to support in Northallerton on Thursdays.



Singing for Fun!

Every Thursday, we run our Singing For Fun session at Christchurch in Harrogate from 11am to 12.30pm and would love for some new people to come along and join in. No experience or singing talent is required - if you enjoy a good sing-song, please come along!





Dementia Forward Community Volunteers

We are hoping to create small groups of Dementia Forward Community Volunteers who will carry out vital work specifically to raise awareness and funds for our charity.

This may include representing Dementia Forward at community events, helping to advertise events, running stalls, taking part in fundraisers - and much more. So, if you enjoy meeting new people, playing an active part in your community, getting involved in exciting events, and spreading the word, please get in touch! Email: amy.senior@dementiaforward.org.uk or Call: **01765 601224**

The History Wardrobe presents The 60s Frock Shop

Two years ago we had a fantastic talk on 'Touching Memories' from the History Wardrobe to mark our 10th anniversary, so, we are delighted that they are returning to put on another entertaining show for us. This time, we will be looking back through the famous looks of the 1960s. The 60s Frock Shop will be at Pannal Village Hall on Friday April 26th from 7pm. Tickets for the evening are £15 and include a welcome drink, 60s nibbles, quiz, music of the era and star raffle prizes.

Call 01765 601224 or email amy.senior@dementiaforward.org.uk

Thank you!

A group of wonderful supporters (and excellent bakers) continue to put on their monthly coffee morning at The Unicorn Hotel in Ripon from 10am-2.30pm on the first Thursday of every month. A slice of homemade cake with coffee (provided by Wetherspoons) is only £2.



We are so thankful to Steve and Angela who hosted a charity fundraising party in aid of Dementia Forward. They raised a fantastic £1,310! Steve came along to present the cheque to Keith, at our Hub Club at Ballerina House in Barmby Moor.



New Year Fundraising...

To kickstart 2024, here are some simple ways to support Dementia Forward...

- **Easy Fundraising** is the UK's biggest charity shopping site, partnered with over 7,000 shops who will donate part of what you spend online to a cause of your choice. This comes at no extra cost to you. To sign up, visit www.easyfundraising.org.uk and select Dementia Forward as your cause.
- **The Local Lotto** is a brilliant way to support causes in the Harrogate District, but also gives you a chance of winning a top prize of £25,000! Tickets cost just £1, with 60p of every ticket going to local causes. To register, visit www.thelocalotto.co.uk
- If you own or work for a local business, you might be thinking about choosing your Charity of the Year. If so, we would love you to consider Dementia Forward. Thank you to all the amazing supporters who have raised funds for us over the last year, and to those who are already planning events for 2024!



Dates for the diary



16th February - A Musical Extravaganza, Pocklington

24th February - Poppleton Methodist Church Coffee Morning

1st March - Settle Quiz Night

15th March - HG Thirty 3 Gig, Burton Leonard

13th April - Sheriff Hutton Jumbles

26th April - The History Wardrobe - 60s Frock Shop, Pannal

21st September - Inflatable 5k, York!

If you are interested in taking part, we are registering interest and will keep you updated

For full details of any of these events, visit www.dementiaforward.org.uk/events/
or email amy.senior@dementiaforward.org.uk



**Dementia
Forward**



Care and Support for Life

For confidential dementia support and advice
call your local Helpline on:

03300 578592

Monday - Friday
9am - 4pm
(excluding Bank Holidays)

Website: www.dementiaforward.org.uk

Email: info@dementiaforward.org.uk

Social Media: [@dementiaforward](https://www.facebook.com/dementiaforward)