

Welcome to our November Issue

October was a big month for Dementia Forward. We received exciting news of our successful National Lottery bid to continue to run our Time out Together groups, we were supported with lots of fabulous fundraising events and welcomed visitors from a Manchester Dementia Charity - more on these over the page. The 24th of October was a particularly important day for us, as we marked Young Onset Dementia Awareness Day (#YODA) with the release of U&ME, a beautiful song written and produced by Scott Quinn, featuring Jonathan Beardsworth on guitar. U&ME can be downloaded using the QR code below.

Some of our team went out and about on YODA day, sharing the song. It was great to have the support of our friends at Vida Healthcare, The Manor at St Catherine's, Ballerina House and Ripon Cathedral. You can see the resulting video on our YouTube page. Lots of people got involved in raising awareness on the day, including local individuals and organisations, national charities, Leeds United Football Club and celebrities Sir Richard Branson and Vicky McClure. It all helps with our mission to raise awareness and champion age-appropriate care and support nationally.

This week, we are proud to be supporting the King's Fund Annual Conference 2023. This year's conference will examine current and future challenges for the health and care system, and speakers include Professor Chris Whitty, Amanda Pritchard (Chief Executive of NHS England) and Jayne Adamson (Executive Director for People, Humber and North Yorkshire Health and Care Partnership). We are pleased to be the dementia charity supporting this event, and Amanda Stevens, Head of Support Services for Dementia Forward, will be representing us at the conference.



Download Y.O.D.A U&ME here:



Service Update



Pleased to be working with Orchard House.

Getting in the swing at one of our Hub Clubs.



- Our newest Hub Club is opening its doors this week. The Green Hammerton Thursday Hub Club is our 9th Hub Club and we are pleased to be opening it at Green Hammerton Village Hall - a lovely accessible venue with outdoor space.
- We are developing a partnership with Orchard House Care Home in Scarborough, to build on the services that we already offer in the area. We launched the partnership with a Community Day at Orchard House on October 11th, and the next step is for Memory Support Advisor Lisa Nortcliff to hold regular clinics at the venue. We are also hoping to run community education sessions there very soon.
- Great news - we will soon be starting a young onset outward bound service for the Craven area. Thanks to funding from a trust, the Craven Time Out Together Group will be launching in 2024.

Dementia Discussion Events

We hosted our third Discussion Event on the 19th of October. This time we were at the Coliseum Centre in Whitby and we were pleased with the turn-out and the response from everyone who attended.

We are planning on holding Dementia Discussion events in Selby and Scarborough in the new year. We will keep you updated on venues and dates as soon as possible.



Manchester charity, Together Dementia Support came over to George Armitage House in Burton Leonard to meet the team and find out more about Dementia Forward. TDS run weekly groups and activities for people with dementia and also carer services and education. We talked about creating a network of local and regional charities, who are working towards the same aims, in order to share and learn from each other. Find out more about Together Dementia Support here: www.togetherdementiasupport.org



Skipton Rocked Against Dementia

Skipton certainly pulled out all the stops to put on a rocking evening at Niffany Farm on October 21st! The evening was inspired by Stuart Cracknell who was diagnosed with dementia aged 52. Music has always been a big part of Stuart's life and so it was fitting that the event was based around rock music. A fantastic £1,631.45 was raised - thank you to Claire and the Cracknell family (pictured right with the band) for all your hard work organising the evening. It wouldn't have been possible without the amazing band Paisley Rehab, who put on a great show, and Jennette from Niffany Farm who was the perfect host. We are already looking forward to next year!



Marathon Take 2

She did it! Despite covid stopping her original attempt and the weather being less than desirable, Karen proved exactly what a trooper she is and completed 14 laps of York Racecourse on Sunday. She began at 6.15am and was joined by supporters throughout the day who kept her in high spirits - finally completing her marathon at 3.30pm. A huge thank you to everyone who got behind the mission; walking, donating, baking and cheering her on. Also thanks to a fabulous young man Seb who's grandad attends one of our groups and who collected £60 sponsorship to join the walk!



Calling all theatre and cinema fans...

Local venues are putting on dementia inclusive productions over the next few months. Here's a round-up of what's going on:

- The Everyman in Harrogate has a number of accessible screenings thanks to their partnership with Home Instead. Call Home Instead on 01423 774490 for future dates.
- Pocklington Arts Centre is offering a relaxed performance of their Christmas pantomime on December 10th at 10.30am. Visit the website for more information or call 01759 301547: <https://pocklingtonartscentre.co.uk/>
- The Stephen Joseph Theatre in Scarborough is running a dementia friendly performance of their Christmas Show - and there are lots of other accessible performances throughout the year. Visit www.sjt.uk.com for listings.
- Leeds Playhouse has a dementia friendly performance of Oliver on January 24th. Contact the Box Office on 0113 213 7700.



The Stephen Joseph Theatre in Scarborough



Pocklington Arts Centre



Community Education Coordinator Fiona is running an online dementia education session for anyone recently diagnosed with dementia or families supporting someone who want to understand more. The next one is December 7th at 7pm. Please email fiona.andrews@dementiaforward.org.uk for the online link.



Dates for the diary



10th November - Winter Ball

23rd November - Boot and Slipper Quiz, Barmby Moor

1st December - Christmas Fair, Pocklington

2nd-23rd December - Knaresborough Christmas Tree Festival

2nd December - Copt Hewick Christmas Fair

2nd December - Singphonia Concert, York

6th December - Coffee Pot, Settle

6th December - Skipton Christmas Fair

7th December - Richmond Coffee Morning, Richmond Town Hall

8th/20th December - Booths Carol Singing, Ripon

13th December - Harrogate Christmas Hut

14th December - Musical Afternoon Tea, Selby

15th December - Christmas Coffee Morning, Scarborough

For full details of any of these events, visit www.dementiaforward.org.uk/events/
or email amy.senior@dementiaforward.org.uk



**Dementia
Forward**



Care and Support for Life

For confidential support and advice around dementia,
call your local Helpline on:

03300 578592

Monday - Friday
9am - 4pm
(excluding Bank Holidays)

Website: www.dementiaforward.org.uk

Email: info@dementiaforward.org.uk

Social Media: [@dementiaforward](https://www.facebook.com/dementiaforward)