

*QUIET MORNING, FRIDAY 24<sup>TH</sup> FEBRUARY, 10:00 – 11:45*

*St John's, Berrygate Lane, Sharow, HG45BJ*

*An opportunity at the beginning of Lent to*

*Pause, Ponder and Reflect*

*and set the tone for your 2023 Lenten journey.*

*There will be some input, such as an imaginative contemplation exercise, alongside time and space for your own pondering and reflecting.*

*All are welcome.*

*To book your place or for further information please email Debbie at:  
[Stjohnsquietmorning@btinternet.com](mailto:Stjohnsquietmorning@btinternet.com)*



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